

Delivering exceptional learning experiences that enable all young people to thrive in a competitive world and lead successful and fulfilling lives.

THE HIGHEST STANDARDS

Always set and deliver the highest standards: never settle for less.

INVEST TO ACHIEVE

Care about the now; create the very best for your future.

EVERYONE IS VALUED

We are unique individuals working together to be the best.

NO EXCUSES

Create solutions, not excuses.

NEVER GIVE UP

Resilience is essential; self-belief drives improvement.

CULTIVATE YOUR CHARACTER

Qualifications open doors; your character gets you through them.

Life Skills Year 9 2023-2024

	Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	
Half Term 1		Self awareness	Self confidence	Body image	Eating disorders	Managing stress	Coping strategies	Reactions	Holiday
Half Term 2	Week 8	Week 9	Week 10	Week 11	Week 12- LC1	Week 13	Week 14	Week 15	Holiday
	Relationships	Respect yourself	Male contraception	Female contraception	STI's	Gender identity	Sex and the media	Images	
	Week 16	Week 17	Week 18	Week 19	Week 20				
Half Term 3	Investigating careers	My options	Stereotyping and careers	Interests and pathways	Mental Health Week	Holiday			
Half Term 4	Week 21	Week 22	Week 23- LC2	Week 24	Week 25	Week 26			
	Careers action plan	Accounts and money	National Careers Week	Abuse in relationships	Child exploitation	FGM	Holiday		
	Week 27	Week 28	Week 29	Week 30	Week 31	Week 32- LC3			
Half Term 5	Gambling	Cancer awareness	Drugs	Legal highs	Substance misuse	Cannabis	Holiday		
Half Term 6	Week 33	Week 34	Week 35	Week 36	Week 37	Week 38	Week 39		
	Positive relationships	Commitment and marriage	Parenting 1	Parenting 2	Political awareness	Political awareness 2	What to watch?		
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How does this year deliver your curriculum intent?

In Key Stage 3 Life Skills, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase under the headings Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on their mental and physical health and help them deal with the different relationship issues they may face. Students will learn how to keep themselves and others safe as well as focus on British Values. Students will be choosing their GCSE options this year so there will be a focus on further education and the world of work in order to support them with their decisions.