

Delivering exceptional learning experiences that enable all young people to thrive in a competitive world and lead successful and fulfilling lives.

THE HIGHEST STANDARDS

Always set and deliver the highest standards: never settle for less.

INVEST TO ACHIEVE

Care about the now; create the very best for your future.

EVERYONE IS VALUED

We are unique individuals working together to be the best.

NO EXCUSES Create solutions, not excuses.

NEVER GIVE UP

Resilience is essential; self-belief drives improvement.

CULTIVATE YOUR CHARACTER

Qualifications open doors; your character gets you through them.

Life Skills Year 8 2023-2024

Half Term 1	Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7	Holiday
		What is Life Skills?	Rights and responsibilities	Team work	Child-on-child abuse	Peer pressure	Gangs	Knife crime	
Half Term 2	Week 8	Week 9	Week 10	Week 11	Week 12	Week 13	Week 14	Week 15	Holiday
	Police and their powers	E-safety	Drugs	Drug abuse	Alcohol	Home and street safety	Health and fitness 1	Health and fitness 2	
Half Term 3	Week 16	Week 17	Week 18- LC1	Week 19	Week 20				
	First aid	Body image	Eating disorders	Period management	Mental Health Week	Holiday			
Half Term 4	Week 21	Week 22	Week 23	Week 24	Week 25	Week 26			
	Learning to learn	START (careers)	National Careers Week	Managing money 1	Managing money 2	Career action plan	Holiday		
Half Term 5	Week 27	Week 28	Week 29	Week 30	Week 31	Week 32			
	Career action plan 2	Stereotypes	Prejudice and discrimination	Britishness	British Values	Political awareness	Holiday		
Half Term 6	Week 33	Week 34- LC2	Week 35	Week 36	Week 37	Week 38	Week 39		
	Managing reactions	Positive relationships	Long term relationships	Restorative justice	Global citizenship	Fair Trade	Tourism		
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How does this year deliver your curriculum intent?

In Key Stage 3 Life Skills, students build on the knowledge and understanding, skills, attributes and values they have acquired and developed during the primary phase under the headings Relationships, Health and Wellbeing and Living in the Wider World. The topics this year will focus on their mental and physical health and help them deal with the different relationship issues they may face. Students will learn how to keep themselves and others safe as well as focus on British Values. Students will be choosing their GCSE options this year so there will be a focus on further education and the world of work in order to support them with their decisions.