

<p>THE HIGHEST STANDARDS</p> <p>Always set and deliver the highest standards: never settle for less.</p>	<p>INVEST TO ACHIEVE</p> <p>Care about the now; create the very best for your future.</p>	<p>EVERYONE IS VALUED</p> <p>We are unique individuals working together to be the best.</p>	<p>NO EXCUSES</p> <p>Create solutions, not excuses.</p>	<p>NEVER GIVE UP</p> <p>Resilience is essential; self-belief drives improvement.</p>	<p>CULTIVATE YOUR CHARACTER</p> <p>Qualifications open doors; your character gets you through them.</p>
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BTEC Sport National Extended Certificate (Single) Year 13 2023-2024

	Week 0	Week 1	Week 2	Week 3	Week 4	Week 5	Week 6	Week 7- LC1	
Half Term 1		Unit 2: Fitness Training and Programming for Health, Sport and Well-being Unit 3: Professional Development in the Sports							Holiday
Half Term 2	Week 8	Unit 2: Fitness Training and Programming for Health, Sport and Well-being Unit 3: Professional Development in the Sports			Trial Examinations	Unit 2: Fitness Training and Programming for Health, Unit 3: Professional Development in the Sports			Holiday
Half Term 3	Week 16	Unit 2: Fitness Training and Programming for Health, Sport and Well-being Unit 3: Professional Development in the Sports				Holiday			
Half Term 4	Week 21	Unit 2: Fitness Training and Programming for Health, Sport and Well-being Unit 3: Professional Development in the Sports			Trial Examinations	Unit 2: Training Unit 3:		Holiday	
Half Term 5	Week 27	Unit 2: Fitness Training and Programming for Health, Unit 3: Professional Development in the Sports		Final Examinations			Holiday		
Half Term 6	Week 33	Final Examinations		Week 36	Week 37	Week 38	Week 39		

<p>How does this year deliver your curriculum intent?</p>	<p>The course allows students to deepen their theoretical understanding of fitness testing and training, introduced at KS4 and be able to apply the content to many practical situations and to develop their own fitness level. The course also looks at careers in sport and the routes within the sports industry. It allows students to evaluate their own skills set to devise an action plan for their own career moving forward. The content equips students with lifelong skills that will lead to a healthy lifestyle that promotes mental and physical wellbeing and consequently promotes a love for physical activity and a desire to keep active in the future.</p>
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