

CURRICULUM SEQUENCING GRIDS

Subject:	Food 1	Food 2
Unit (Tablet in 39 week plan)	Up to 10 lessons in total over the year Key Skills in food preparation	Up to 10 lessons in total over the year Food and industry
Substantive Knowledge (required for Y11) What How Why	 To understand food commodities, functionality and working characteristics Understand food science terms and how ingredients work when been cooked, focusing on raising agents (chemical, mechanical and biological), aeration, dextrinization, caramelisation, coagulation, denaturation, shortening, emulsification 	 To understand the basics of hospitality and catering; focusing on roles and responsibilities, catering careers, types of food services (residential/ non residential) and food related causes of ill health, portion control and batch production. Understand food science terms such as gelatinisation, explaining what is happening whilst food is cooked and apply to practical activities
Disciplinary Knowledge (required for Y11) What How Why	 Skills required for independent learning, hygiene and safe practice focusing on higher level practical skills. Increase mathematical skills in quality control of portion sizes to energy needs and recipe adjustments Ability to work with a range of food commodities through practical experience Ability to use a variety of raising agents in cooking (bread/ yeast, cake/ aeration), make a reduced sauce, attempt piping skills, make pasta and pastry, attempt enrobing. Apply food science to practical application. Work with more advanced equipment quickly safely and confident e.g electric mixer, pasta making machine 	 Skills required for independent learning, hygiene and safe practice focusing on higher level practical skills. Increase mathematical skills in quality control of portion sizes to energy needs and recipe adjustments Ability to work with a range of food commodities through practical experience Ability to use a range of food styling techniques, different ways of making cake, attempt piping skills, make pastry and make a roux sauce. Apply food science to practical application. Work with more advanced equipment quickly safely and confident e.g electric mixer, piping bags.

Highest Standards Never Give Up Everyone is valued No excuses Invest to achieve Cultivate your character



CURRICULUM SEQUENCING GRIDS

Key Technical Vocabulary To be modelled and deliberately practiced in context.	Fermentation, proving, kneading, raising agents (chemical, mechanical and biological), aeration, dextrinization, caramelisation, coagulation, denaturation, shortening, emulsification, temperature probes, sensory analysis.	Precision tool, Ring mould, Silicone plating wedge, Plastic squeeze bottle, Styling, Portion size, Uniformity, Garnish, Conduction, Convection, Radiation, Raising agents - Self-raising flour, Mechanical, biological, chemical, Aeration, Cross- contamination, E-Coli, Salmonella, Listeria, Campylobacter, Chemical, Physical, Biological, Microbes, Allergies, Intolerances, Chopping boards, Apprentice Environmental Health office, Chef, Server, Sous chef, Brigade, Front of house, back of house, EHO (Environmental Health Officer), Gelatinisation, Swell, 60°, Burst, 80°, Agitate Stir, Boiling, Set, Plaiting, Kneading, Proving, Combining Forming, Commercial, Non-commercial, Residential, Non-residential, Customer, Client
Opportunities for reading	Recipe cards, Text books,	Recipe cards, Text books,
Developing Cultural Capital Essential knowledge and skills of educated citizens.	Practical cookery, correct choice of food commodities, working with others Food provenance and responsible consumers	Practical cookery, correct choice of food commodities, working with others Food provenance and responsible consumers
Authentic Connections – Cross Curricular Links	Maths – weighing & measuring Science – working characteristics of commodities English – Oracy/reading Geography – farming	Maths – weighing & measuring Science – working characteristics of commodities English – Oracy/reading Geography – farming
Key Assessment	Pupils tested on their retention and understanding of food commodities through final assessment	Pupils tested on their retention and understanding of food commodities through final assessment

Highest Standards Never Give Up Everyone is valued No excuses Invest to achieve Cultivate your character